



## OBJECTIVES AND PROGRAMME(S)

	OBJECTIVE	TARGET	PROGRAMME
1	To promote wellness program for corporate employees to boost employee's well-being, productivity, and morale.	<p>Zero mental health issue at workplace</p> <p>All corporate employees (100%) took part in the survey and assessment, with over 80% of them finding the programs effective and expressing satisfaction.</p>	<p>1.1 Stress management and mental wellbeing program</p> <p>1.2 Occupational mental health first aid training for Safety and Health Committee</p> <p>1.3 Physical movement and healthy lifestyle program</p> <p>1.4 Conduct survey and assessment to evaluate the effectiveness and satisfaction of the program</p>
2	To ensure a healthy work environment and safe indoor air quality to prevent health hazards and promoting overall wellbeing of the employees.	Compliance to the Department of Occupational Safety and Health (DOSH) Industrial Code of Practice on Indoor Air Quality 2010	<p>2.1 Survey of indoor air quality at Level 3 and Level 3A, Menara Sime with employees</p> <p>2.2 Conduct the indoor air quality monitoring by a competent person</p> <p>2.3 Communicate the results of the indoor air quality monitoring with the employees</p> <p>2.4 Implement the recommended corrective actions from the competent person</p>
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